



# March of Dimes 2011 Family Team Bulletin

## Macy's Shop for a Cause = Amazing!



Did you Shop for a Cause at Macy's in August? Supporters of this annual event rallied in big numbers despite Hurricane Irene and Macy's is proud to announce that **\$3.3 million** was raised for the March of Dimes!

As the exclusive national beneficiary, March of Dimes volunteers and supporters nationwide visited with Macy's employees to educate them on our mission of healthier babies and we thank all who supported the effort by shopping!

### Fundraising Tip of the Month

Fall is a great time to fund-raise! You have until 12/31 to get money in to count for your 2011 March for Babies team. Here's an idea for the fall: go raking! Offer up your raking services to your neighbors and friends. Charge \$10 a lawn, wear your March for Babies t-shirts while you rake, and have fun with your friends and family!



### Connecticut Chapter Names New State Director

Please help us welcome Robert (Bob) Garguilo to the staff as new CT State Director.

Most recently Garguilo was Director of Corporate Development at Safe Horizon, Inc. in New York City. He has extensive experience in volunteer development having worked as a volunteer and consultant for the Office of the Heisman Trophy. He also served 20 years as a volunteer with the prestigious Walter Camp Foundation, serving two terms as President and a member of the Board of Governors. He also spent six years with Special Olympics Connecticut as Director of Special Events and Vice President of Development & Corporate Relations.

**Bob can be reached at 860-815-9350  
and  
rgarguilo@marchofdimes.com.**

**Check out page 4 for a list of upcoming  
fall events throughout Connecticut!**

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500 Winding Brook Drive, Ste. 8  
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facebook.com/marchofdimesct

March of Dimes Fairfield County Division  
140 Sherman Street, Ste 200  
Fairfield, CT 06824  
203-849-9800





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## 2012 March for Babies Dates Set!



### Sunday, April 29

Mystic Village (new location!)  
Lighthouse Park, New Haven  
City Center Green, Danbury

### Saturday, May 5

Penfield Pavilion, Fairfield  
Walnut Hill Park, New Britain

### Sunday, May 6

Rentschler Field, East Hartford  
Quassy Amusement Park  
Commons Park @ Harbor Point, Stamford

\*Middletown date TBD

## Looking for Great Volunteers!

- \* contact/mentor new teams
- \* recruit new teams
- \* promote sponsorship opportunities
- \* distribute materials in your community
- \* give input on local family team activities

## March of Dimes Awards \$20,000 to Danbury VNA for Gestational Diabetes Education

The Connecticut Chapter has presented a donation to Danbury Visiting Nurse Association, Inc. in the amount of \$20,000 to fund "Sweet Delivery," a gestational diabetes education series for pregnant women, a collaborative program between Danbury Visiting Nurse Association, Inc. and the Danbury Hospital Department of OB/GYN, Maternal Fetal Medicine Section, headed by Dr. Matthew Kim.

The series of weekly classes, taught by a certified diabetic educator is open to women in the 26<sup>th</sup> to 30<sup>th</sup> weeks of pregnancy who have been diagnosed with gestational diabetes. Classes run every Thursday from 4:00 – 6:00 pm in Danbury. For more information call 203-792-4120.



*March of Dimes volunteers and staff present Dr. Kim and the Danbury VNA a check for \$20,000 for gestational diabetes education.*

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## Walking for Healthy Pregnancies... A Word from Sponsor RMA of CT

Since Reproductive Medicine Associates of Connecticut (RMA of CT) opened its doors nearly 10 years ago, my partners and I have believed that it is important to be active in our communities as residents and a small business in Fairfield County, CT. After all, we not only work here, we live here – and we have helped hundreds of neighbors to successfully become parents. Like the March of Dimes, our mission is healthy pregnancies.

For the second consecutive year, RMA of CT sponsored the March for Babies Walk in Fairfield, where we hosted the Kid Zone and had our own team of over 40 walkers. The emotions and the camaraderie of the Walk are incomparable. Of course there is reflection on the lives lost. But there is also a celebratory feeling for the ones who have been helped. Most of all, there is hope. By walking together, everyone feels that we can help future pregnancies be healthier. And there is good reason for this hope – the March of Dimes has already contributed greatly to supporting research and getting results.

At our practice, we strive to minimize multiples, and therefore decrease the chances of premature births. The first step is to educate patients about the risks of multiple gestations for mother and babies. Once patients understand that singleton pregnancies are ideal, they are more open to taking measures toward a single gestation.

We will continue on our journey to improving patients' chances of conceiving and delivering healthy babies through our patient care, medical treatment and clinical research, as well as by supporting March of Dimes' important work. It's an honor to walk each year with the March of Dimes and its supporters. We look forward to seeing you next year!

*Dr. Spencer Richlin, Surgical Director at RMA of CT*



*RMA of CT walk team at Fairfield March for Babies 2011.*



To learn more about brain development, scan this code.



Babies aren't fully developed until at least 39 weeks in the womb. Important development of their brains, lungs and eyes occurs in the last few weeks of pregnancy. If your pregnancy is healthy, wait for labor to begin on its own.



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## Join Us for Our Fall Special Events!



### Marathon Charity of Choice

**Saturday, October 15 ~ Hartford**

Need a reason to run? Make it for the babies! More info at [hartfordmarathon.com](http://hartfordmarathon.com).



**Monday, November 7 ~ West Hartford (sold out!)**

**Monday, November 14 ~ Stamford (new date and location)**

Culinary excellence of local chefs from Greater Hartford and Fairfield County. Live & silent auctions.



**Thursday, November 17 ~ New Haven**

An evening to honor Greater New Haven's best leaders, mentors and coaches. Join us at Amarante's for fine food and auctions.

November 17th also marks **World Prematurity Day**.



**Throughout Fall 2011**

Corporate dress down programs and reading programs for students. Win-wins for the babies and easy to coordinate any time of year. Ask us about **WonderWalk** too for your kids' schools/daycare!



## SUPPORT WORLD PREMATURITY DAY

NOVEMBER 17

[Facebook.com/WorldPrematurityDay](https://www.facebook.com/WorldPrematurityDay)



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## We welcome your thoughts and feedback!

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Two great pages for you to get chapter news, fund-raising tips and much more. Become a fan of these two pages on Facebook:

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[facebook.com/marchofdimesctfamilyteams](https://facebook.com/marchofdimesctfamilyteams)**

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