



# March of Dimes May Day 5K

Saturday, May 6, 2006 9 a.m.  
Raccoon River Park, West Des Moines, IA

**Entrant Information – Please Print**

Name (Last / First) \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Sex  M  F Age On Race Day \_\_\_\_\_ Daytime Phone \_\_\_\_\_

Email \_\_\_\_\_

WalkAmerica Team Name \_\_\_\_\_

Yes! I would like a sponsor form to fundraise for the March of Dimes (Fundraisers who reach \$100 receive a WalkAmerica t-shirt)

**Premature birth is the biggest health crisis facing babies today. Every year, more than 470,000 babies are born prematurely in this county. In nearly half the cases, the causes are unknown. Help us find the answers by donating today!**

**Entry Fee (fee includes water bottle)**  
**Sign Up Early & Save!**

\$ \_\_\_\_\_ \$20.00 before April 22

\$ \_\_\_\_\_ \$25.00 after April 22

\$ \_\_\_\_\_ March of Dimes Donation

\$ \_\_\_\_\_ Total Amount Enclosed

**Race Information**

**Date:** Saturday, May 6, 2006

**Location:** Raccoon River Park, West Des Moines, IA

**Packet Pickup:** 8 a.m. – 8:45 a.m.

**Start Time:** 9 a.m.

**Course:** 5k trail loop around Raccoon River Park

**Incentive:** All runners will receive a water bottle, but raise \$100 or more and get a WalkAmerica t-shirt.

**WAIVER - REQUIRED**

In consideration of the furtherance of your purposes, objectives, and work and in consideration of your permitting me to participate in WalkAmerica and/or May Day 5K, on behalf of myself, my heirs, executors, administrators and assigns, by submitting this form or by participating in this event, I hereby waive and release any and all rights and claims for damages that I may have against you, the municipalities through which WalkAmerica and/or May Day 5K will take place, as well as any other person connected with WalkAmerica and/or May Day 5K, their heirs, executors, successors and assigns for any and all injuries that I may suffer while taking part in WalkAmerica and/or May Day 5K or as a result thereof.

As a policy matter, the March of Dimes prefers not to accept restricted donations for WalkAmerica and/or May Day 5K. However, you may request in writing to have your own personal donation be restricted and the March of Dimes will honor it. Walkers/Runners cannot legally restrict donations on behalf of their sponsor's without the sponsor's written permission.

X \_\_\_\_\_  
Signature of Applicant Date

X \_\_\_\_\_  
Signature of parent or legal guardian – for participants under 18 years of age Date

**Mail completed entry form with entry fee payable by check to:**

**March of Dimes**  
**2910 Westown Pkwy, #301**  
**West Des Moines, IA 50266**

**Questions? Call Lora Ortiguerra at (515) 243-2244 or email at [lortiguerra@marchofdimes.com](mailto:lortiguerra@marchofdimes.com)**

**Sponsored by:**