

DISASTER PLANNING

MEETING THE SPECIAL NEEDS OF PREGNANT WOMEN & INFANTS

6 KEY ELEMENTS FOR EVERY DISASTER PLAN

<p>1</p>	<p>DESIGNATED SHELTERS FOR PREGNANT WOMEN & FAMILIES WITH INFANTS</p>	<ul style="list-style-type: none"> • Medical services for pregnant women and infants provided at the shelter • Furniture and equipment – cots and chairs for pregnant women, cribs • Health and hygiene needs for mothers and infants and pregnant women • Area for bottle washing or method for bottle exchange • Identification of women and children via ID bracelets • Location near a hospital • Educational materials for pregnant women and families with infants
<p>2</p>	<p>BASIC SUPPLIES & EQUIPMENT FOR PREGNANT WOMEN & INFANTS</p>	<ul style="list-style-type: none"> • Medical supplies - disposable medical supplies • Health and hygiene needs for mothers and infants – ready to feed formula, diapers including preemie diapers, infant and preemie pacifiers, infant clothes, breast pumps, breast pads, feminine hygiene products • Health and hygiene needs for pregnant women – maternity clothes, bras, underwear, over the counter prenatal vitamins, feminine hygiene products • Furniture and equipment – cribs, car seats, strollers
<p>3</p>	<p>A PLAN TO PROVIDE PRENATAL CARE & WELL BABY SERVICES IN THE AFTERMATH OF A DISASTER</p>	<ul style="list-style-type: none"> • Plan to advise public on where to get prenatal care and well baby services • Information on availability of Disaster Medicaid and information on various health insurance plans and what coverage is provided • Prenatal care and well baby services for women living in shelters and temporary housing • Transportation to get women and infants to prenatal care and well baby services
<p>4</p>	<p>A PLAN TO ENSURE THAT ALL WOMEN HAVE ACCESS TO SAFE ENVIRONMENTS TO DELIVER BABIES</p>	<ul style="list-style-type: none"> • Plan to provide alternative locations for safe deliveries in the event that existing facilities are not available • Plan to provide medical personnel for deliveries in the alternative locations • Plan to advise the public on accessing alternative locations • Information on availability of Disaster Medicaid and information on various health insurance plans and what coverage is provided • Method to provide women with their own digital prenatal health records
<p>5</p>	<p>A PLAN TO KEEP FAMILIES & INFANTS TOGETHER & RECONNECT FAMILIES WITH INFANTS</p>	<ul style="list-style-type: none"> • Hospitals should have a plan in place outlining where infants will be evacuated to in an emergency • Method to keep digital health records with patients during a disaster when possible • Duplicate methods to get in touch with family members including out-of-state contacts provided for all infants and kept with the infants' records • Method to connect parents and infants such as a website (specific to moms and babies), hotline, and direct contact information for the hospital
<p>6</p>	<p>EDUCATIONAL MATERIALS FOR PREGNANT WOMEN & FAMILIES WITH INFANTS</p>	<ul style="list-style-type: none"> • Educational materials on disaster preparedness and recovery • Educational materials on all maternal and child health issues • Public information about how to access prenatal and well baby services • A way to reach women in rural and hard to reach areas • A way to reach women when traditional methods are not available