



## KNIT HAT

Available @ [www.newbornsinneed.org](http://www.newbornsinneed.org)

Use 4 ply washable yarn and size 6 needles. Cast on the appropriate number of stitches for the size you want to knit. Rib in k1, p1 for 1". In stockinette, knit to the size needed.

**X-LARGE PREEMIE:** cast on 58 stitches 1" ribbing (k1,p1)4.5" stockinette  
Total length = 5" to 5.5"

**LARGE PREEMIE:** cast on 50 stitches 1" ribbing (k1,p1)3/5" to 4"  
Total length = 4.5" to 5"

**MEDIUM PREEMIE:** cast on 44 stitches 1" ribbing (k1,p1)3" to 3.5"  
stockinette Total length = 4" to 4.5"

**SMALL PREEMIE:** cast on 40 stitches 1" ribbing (k1,p1)2.5" to 3" stockinette  
Total length = 3.5" to 4"

**X-SMALL PREEMIE:** cast on 36 stitches 1" ribbing (k1,p1) 2.5" stockinette  
Total length = 3.5" After knitting the piece to the approximate dimensions,  
draw all stitches together tightly at the top by weaving yarn through all the  
stitches on the needle. Knot securely. Weave together the seam using yarn.  
Optional: Make a pom pom or bow for the top.

# KNITTED BOOTIES

Use size 5 needles. Cast on 22 stitches.

Knit each row until 15 ridges or 2.75". Decrease k2 tog across (11 stitches remain) Thread on yarn needle, pull tight forming toe (no hole). Sew top together making a ridge 1" long, fasten off. Sew up back, fasten off. Crochet a tight chain 10" long, tie a knot in one end, lace into bootie w/yarn needle. Lace over two ridges, under two ridges, around. Tie knot on other end, trim yarn leaving one-half inch on each end. Tie bow.

**Optional:** make a pom pom for the toe.

Knitted Baby Booties  
Designed by Knittin' Kiti  
Pattern #218

**MATERIALS:** You will need 1 pr of #3 needles, Approx 1/2 oz baby/sport yarn.

## **INSTRUCTIONS:**

Cast on 33 sts. Work a K1,P1 rib for 10 rows.

**Eyelet row:** K1, \* YO, K2tog \* . Repeat from \*'s to end. 16 YO's total.

Knit 5 rows even.

**Divide for instep:** K 22 sts, turn, K back over 11 sts.

Knit 18 rows on center 11 sts. Break off yarn

**Sides and sole:** Pick up 10 sts on right side of instep, K 11 sts of instep, pick up 10 sts on left side of instep, K11 sts to complete row. 53 sts K 9 rows even. ( It will be a little tight till you get a few rows up from the instep.)

**Heel shaping:** At the beginning of the next 4 rows, K2, K2tog, K to end. 49 sts. Bind off loosely.

**Finishing:** Sew back/sole seam. Crochet a chain 6" long. Thread chain thru eyelets. If this is too big, just decrease the size of the needles to get a smaller one.

# PREEMIE SET

Available @ [www.bevscountrycottage.com](http://www.bevscountrycottage.com)

Designed by Lisa Thomas. ©Copyright 1999

Revised © Lisa Thomas 2001

8 ply or DK (I used Sirdar Snuggly and Cleckheaton Dreamtime 4ply(Dbl'd)

**Tension** - Using 4mm needles 21sts to 10cm for 8ply and 22sts to 10cm for DK

Chest	22cm	25cm	30cm	35cm
Head	21cm	25cm	30cm	35cm
Length of garment	13cm	17cm	22cm	25cm
Length of Baby	30cm	35cm	45cm	55cm
Approx weight	2 to 3lb (1-1.5kg)	4lb (approx. 1.5 - 2kg)	5lb (approx. 2.5 - 3kg)	6 - 8lb (approx. 3 - 4kg)

**NOTE:** With these sizes use the chest as the guide for cardigan and head as the guide for the hat. I found that he was quite often fitting into mismatched sets (hat from smaller or bigger set than the cardigan I had knit) rates of growth for body and head did not always match. My solution was to keep knitting a little bigger each time and have sets ready for his next growth spurt.

## CARDIGAN

### Back

Using 4mm needles cast on 30 (34, 39, 44) sts.

Work 6 rows of garter st. then work in st. st. until work measures 13 (17, 22, 25)cms.

Shape shoulder cast off 3 (4, 5, 6) sts at beg of next 4 rows then 4 (5, 6, 6)sts at beg of next 2 rows.

Cast off rem sts.

### Left Front

Using 4mm needles cast on 15 (17, 19, 22)sts work as for for back starting with 6 rows of garter st then continue in st. st until 10 (12, 12, 14) rows less than beg of shoulder shaping on back, ending with a right side.

### **Shape neck**

Cast off 2 (2, 3, 3) at beg of next row = 13 (15, 16, 19) sts

Dec at neck edge on foll 4th rows until 10 (12, 14, 15) sts remain ending with a wrong side row.

### **Shape shoulder**

Cast off 3 (4, 5, 6)sts at beg at next and foll alt rows until 4 (4, 4, 3)sts rem. Knit 1 row then cast off.

### **Right Front**

Using 4mm needles Cast on 15 (17, 19, 22)sts work 6 rows garter st then st. st until 10 (12, 12, 14) rows less then back shoulder shaping, ending with a wrong side.

### **Shape neck**

Cast off 2 (2, 3, 3) sts at beg of next row = 13 (15, 16, 19)sts

Dec. at neck edge on foll 4th rows until 10 (12, 14, 15) sts rem. Ending with a right side.

### **Shape shoulder**

Cast off 3 (4, 5, 6) sts at beg of next and foll alt rows until 4 (4, 4, 3) sts rem knit

Cast off rem sts.

### **Sleeves (make 2)**

Using 4mm needles Cast on 22 (25, 28, 31) sts. Work 6 rows garter st then work st. st. increasing at the end of every 4th row. Until there are 30 (34, 38, 44) sts cont. until sleeve measures 6 (8, 10, 11)cms or desired length.

Cast off.

### **Neck band**

Join shoulder seams, pick up approx. 35 (40, 40, 43) sts evenly around neck edge. Knit 1 row and cast off loosely.

### **Left Front band**

Using 4mm needles pick up sts evenly beg at bottom edge with wrong side facing you Knit 3sts, yo k2tog. \*k7, yo k2tog. Rep from \* rep once. Purl next row then cast off.

### **Right Front band**

Work as for left without button holes.

### **To make up.**

Tie markers 6 (8, 11, 12) cms down from shoulder shaping on both front and back each side to mark armholes. Sew in sleeve evenly between markers. Join sleeve and side seams. Sew on buttons.

### **Changes to Pattern**

The weights I've used are only guidelines to when they fitted my son and as he was considered short as well it might be wise to lengthen the pattern if unsure. Not all babies are alike, some babies although small may be long and visa versa.

## HAT

Using dp 4mm needles. Cast on 46 (55, 66, 77)sts evenly onto 3 ndles.

1st round - knit

2nd round - purl

rep these 2 rows for 10 rounds

Then st. st until 28 (32, 36, 42) rounds have been completed.

### **Shaping**

\*K2tog k2 K2tog rep from \* k2tog

next row knit.

\*K2 K2tog \* K1 K2tog, rep from \* to end.

Knit next 2 rows

K1 \*K2tog rep from \*

When approx 6 sts remain, break off yarn and run yarn through rem sts and fasten off securely.

# BOOTIES

Using 4mm needles. Cast on 18 (20, 22, 24) sts and work garter st for 6 (8, 10, 12) rows.

Stocking stitch 4 (6, 8, 10) rows.

\*K2 yo K2tog rep from \* K2

purl row

2 rows of st. st.

**Shape instep** - k11 (12, 14, 16)sts turn, k4 (4, 6, 6)sts turn. Cont on centre 4 (4, 6, 6)sts.

Work 10 (12, 14, 16) rows in stocking st. turn break off yarn leave sts on left needle. Now with wrong side facing front, join yarn and purl sts on left needle.

**Shape sides** - Join yarn at beg of row starting with 7 sts on right needle. Knit up 7 (8, 9, 10) sts evenly along right side of instep. Knit 4 (4, 6, 6) sts of centre, knit up 7 (8, 9, 10) sts evenly along left side of instep then knit rem 7 (8, 8, 9) sts = 32 (36, 40, 45)sts.

Work 4 (6, 6, 8) rows.

## **Heel & Toe**

1st row - k2tog, k10 (12, 14, 16)sts (k2tog, k2tog) 4 times, k10 (12, 14, 16)sts, k2tog = 28 (32, 36, 41) sts.

2nd & alt rows - knit

3rd row - k2tog, k8 (10, 12, 14)sts, (k2tog, k2tog) 3 times, k8 (10, 12, 15)sts, k2tog = 24 (28, 32, 37) sts.

Knit 1 row

Use kitchener stitch to graft the stitches together, which gives a nice finish.

# BEV'S STRETCHY KNIT PREEMIE CAP

Available @ [www.bevscountrycottage.com](http://www.bevscountrycottage.com)

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This cap can be made for a boy or girl preemie, and fits from 2 lbs- 5 lb babies. It is super fast to knit up.

1 oz. of sport or baby yarn - not fingering

Size 9 knitting needles (size 5 Canadian and English -5.5 mm)

Loosely cast on 36 sts.

**Rows 1-5:** k2, p2... repeat across

**Rows 6-?:** Knit all rows (garter st) for 4 inches.

**Decreasing row 1:** Knit 2 together across row (18sts left)

**Next row:** knit across.

**Next decreasing row:** Knit 2 together across row. (9 sts left)

**Next row:** knit across.

Cut yarn leaving a 12" tail. Thread a large eye needle with the yarn and gently remove the 9 sts left on the needle. Carefully weave the needle through the 9 sts and pull tightly to gather top of hat. Now fold hat in half and whip stitch the sides together to form hat.

Add a homemade pompom.

## PREEMIE HAT

sent by Karen-the Yarn Addict!

Size 7 Needles, baby or sport yarn

Cast on 52 sts

K1, P1 ribbing for 1 inch

change to K one row, Purl one row for 4 inches

Start decrease--

K1, k2tog across row (35 sts)

purl across

K3, k2tog across (28sts)

purl across

K2tog across row (14sts)

purl across

K2tog across row (7sts)

Cut a 14inch tail and carefully slip the hat off the needle. Thread the tail thru the loops and pull to gather top, then whipstitch the seam closed.

Available @[www.bevscountrycottage.com](http://www.bevscountrycottage.com)

## SIZE 3 KNITTING NEEDLE HATS FOR BABIES

Bev's Baby Seed Cap in small newborn and preemie sizes

1 oz Caron Simply Soft yarn  
CO 63 sts (53 sts)

**Rows 1-8** Knit 1, purl 1 across the row, ending each row on knit 1.  
This forms the seed st brim.

**Rows 9-26:** Stockinette st (knit 1 row, purl 1 row)

**Row 27** Decrease Rows: \*K1, k2 tog into back of st.  
Repeat from \* across.

**Row 28:** purl

**Row 29:** Decrease row k1, k2 tog across.

Repeat until there are about 12 sts left. Purl across. Cut yarn leaving a 14" tail.  
Run needle and yarn through remaining sts on needle. Pull to draw shut.  
Sew side seam,  
Add pompom to top.

(from start of decrease to end, is only about 1 1/2")

## RIBS HAT

Size 3 needles

1 oz sport or baby yarn

Cast on 60 sts for 3-4 lb preemie (70 sts for newborn)

K2, p2 to end of row

Do this for 40 rows (44 rows)

**Decrease:** k2, k2 tog through back loops.

Purl next row

\*k1, k2 tog through back lps across

Repeat dec \* row until 11 sts remain

End - Cut yarn leaving a 14" tail.

Run needle and yarn through remaining sts on needle. Pull to draw shut.

Sew side seam,

Add pompom to top if desired.

Available @ [www.bevscountrycottage.com](http://www.bevscountrycottage.com)

## HONEYCOMB PREMIE HAT AND BOOTIES

© 2002 – Patti Pierce Stone

based on a pattern [by Michelle Howard](#)

### **Materials:**

#### **needles:**

small premie: 3.25 mm (us 3) and 3.75 mm (us 5)

large premie: 3.75 mm (us 5) and 4.25 mm (us 6)

yarn:

approx ½ ounce sports weight/baby yarn

(gauge:4" = 22 st/30 r using 4mm (us 6) needles)

### **Pattern:**

Using smaller needles: cast on 58 stitches

rows 1 – 9: k1, p1 ribbing

change to larger needles

row 10: k29, inc 1, knit across (59 st – honeycomb must be worked on an odd number of stitches)

rows 11 and all odd rows: k1, \*s1, k1. repeat from \* to end

rows 12 and all even rows: k1 across

repeat rows 11 and 12 until 23 total rows are completed from beginning (end w/row 11 pattern)

row 24: p29, inc 1, purl across (60 st)

### **decreases:**

row 25: s1, k1, pssso, k8 (6 times)

row 26: p7, s1, p1, pssso (6 times)

row 27: s1, k1, pssso, k6 (6 times)

row 28: p5, s1, p1, pssso (6 times)

row 29: s1, k1, pssso, k4 (6 times)

row 30: p3, s1, p1, pssso (6 times)

### **finishing:**

bind off loosely

fold hat in half and weave top and open side.

Weave in end from cast on stitches and clip.

Michelle's Premie Booties in the honeycomb stitch

### **needles:**

small premie: 3.25 mm (us 3) and 3.75 mm (us 5)

large preemie: 3.75 mm (us 5) and 4.25 mm (us 6)

**yarn:**

sports weight/baby yarn

(gauge:4" = 22 st/30 r using 4mm (us 6) needles)

using larger needles, cast on 35

knit across

k7 rows in honeycomb stitch (see rows 10/11 above)

**begin decreases:**

p15, p2 tog, p1, p2 tog, p15

k 14, k2 tog, k1, k2 tog, k14

p13, p2 tog, p1, p2 tog, p13

k12, k2 tog, k1, k2 tog, k12

p11, p2 tog, p1, p2 tog, p11

k10, k2 tog, k1, k2 tog, k10

ribbed cuff and finishing:

change to smaller needles

k1, p1 across each row for 8 rows. (double the rows for a fold down cuff).

bind off loosely.

sew back and sole of bootie

# PREEMIE BLANKET

Available at [www.bevscountrycottage.com](http://www.bevscountrycottage.com)

Simple enough for a beginner, quick to make for an experienced knitter; these blankets are great for doll blankets and preemie baby charities. Double the cast on number and knit a full sized, 30" baby blanket.	OFF THE DRAWING BOARD!
	15" BLANKETS By Nancy Hearne
Clover Bamboo Knitting Needles 9" single point #6 Clover Bamboo Knitting Needles 13" single point #6	<b>MATERIALS:</b> 3 oz. of Baby or Sport weight yarn --- for each of the solid color blankets 1 oz. each of 3 colors for the striped blanket #6 straight knitting needles GAUGE: 5 sts/7 rows = 1" (stocking stitch)

## PATTERNS:

### Garter Stripes:

Rows 1-6: Work Stocking Stitch (K on R.S., P on W.S.)  
Rows 7-13: Work Garter Stitch (K every row)  
Repeat rows 1-13 for pattern.

### Basket Weave:

Row 1: P5, K5 across  
Rows 2-5: K the K sts, P the P sts across  
Row 6: K the P sts, P the K sts  
Rows 7-10: K the K sts, P the P sts across  
Repeat rows 1-10 for pattern.

### Raised Garter Stripes:

Rows 1 & 2: With color B, K across  
Rows 3-6: Work Stocking Stitch (K on R.S., P on W.S.)  
Rows 7 & 8: K across; change to color A  
Rows 9 & 10: K across; change to color C  
Rows 11-14: Work Stocking Stitch (K on R.S., P on W.S.)  
Rows 15 & 16: K across; change to color A  
Rows 17 & 18: K across; change to color B  
Repeat Rows 1-18 for pattern.

## INSTRUCTIONS:

For each blanket:

- A. CO 75 sts. Work 7 rows (4 ridges) of Garter Stitch (K every row).
- B. Work first 5 and last 5 sts in Garter Stitch, with one of the three patterns above, in between.
- C. When blanket measures 14" from start, work last inch (approx. 7 rows -- 4 ridges) of Garter Stitch. Bind Off.

Available @ [www.bevscountrycottage.com](http://www.bevscountrycottage.com)

## PREEMIE KNIT SWEATER

For 3-5 pound babies



### **Materials:**

Sports Yarn (not DK)  
Size 5 knitting needles

### **Body:**

Cast on 46 stitches, garter stitch (knit every row) 27 rows (this leaves 13 ridges on the right side)

Divide stitches

12 on holder for front

22 for back

12 on holder for front

### **Back:**

Add 8 stitches each end once

Add 7 stitches each end twice (total 66 stitches)

Work a total of 22 rows (11 ridges)

Bind off center 10 stitches for neck

Put remaining stitches on holder

### **Front:**

Left side for girls / right side for boys

Add for sleeve 8 stitches once

Add 7 stitches twice (total 34 stitches)

Work for total 7 or 8 ridges

### **Neck:**

Bind off 3 stitches once

Bind off 2 stitches once

Bind off 1 stitch once

Work until same length as back

Put stitches on holder

**Buttonhole front:**

On front edge work buttonhole K2 together/Yarnover while adding for sleeves as on other front.

Work 2nd buttonhole on 10th row

Work as other front/neck to top

**Finishing:**

On 2 needles put stitches from shoulder/sleeve of left side

On wrong side K first stitch from BOTH needles together

Knit 2nd stitches together

Bind off first stitch over 2nd

Continue until all stitches are bound off

Work other side same way

Sew up under arms

Crochet 1 row around neck

Sew on 2 small buttons



## CROCHETED NEWBORN HAT

**SIZE:** Fits newborn babies to 3 months.

**MATERIALS:** Lion Brand Jamie, or sport-weight yarn-less than one 1.75 oz. skein for one hat. Crochet hook size F, OR SIZE NEEDED TO OBTAIN GAUGE.

**GAUGE:** 4 half double crochet=1"; 2 rows=1".

**RUFFLED HAT:** Loosely chain 25.

**Row 1:** Starting in third chain from hook, work 1 half double crochet in each chain across. Chain 2, turn.

**Row 2:** Skip first half double crochet, work 1 half double crochet in each half double crochet across. Chain 2, turn.

**Row 3:** Work 1 half double crochet in first half double crochet, 2 half double crochet in each half double crochet across.

**Row 4:** Skip first half double crochet, work 1 half double crochet in each half double crochet across. Chain 3, turn. Repeat Row 4 until a total of 14 rows have been worked. Ch2, turn.

**Ruffle:** Work 3 half double crochet in each stitch across. Fasten off.

**Finishing:** With yarn needle and double yarn, draw a gathering thread through each stitch along foundation chain edge. Draw up to gather and tie securely. Sew back seam edges.

**Pompon:** Hole thumb and forefinger about 2" apart, wrap yarn around them 100 times. Tie center of the loops with a separate strand of yarn. Cut both ends of loop and trim. Sew securely to top of hat. Fold back last two rows for ruffle.

**Plain Hat:** Work as for Ruffled Hat for a total of 12 rows. Fasten off and finish as for Ruffled Hat.



## CROCHETED SHELL BABY AFGHAN

Size 40" x 36"

**Materials:**

Size I hook

Approx. 20 oz yarn, scraps work fine, looks really pretty in varigated yarn as well.

**Gauge:** 5 rows = 4 inches

Chain 145

**ROW 1:** Work 3 dc in 4th ch from hook, \*skip 2 ch, work sc in next ch, ch 2, skip 2 ch, work 3 dc in next ch, repeat from \* across, ending sc in last st. Ch 3.

**ROW 2:** Work 3 dc in first sc, \* skip 2 st, work sc in next st, ch 2, skip 2 st, work 3 dc in next st, rep from \* across, ending sc in last st. Ch 3, turn.

Repeat Row 2 throughout. Do not Ch 3 at end of last row. Fasten off.