

WESTERN  
WASHINGTON  
NURSE OF THE YEAR  
**DECEMBER 3**  
**2009**

**AWARDS  
BREAKFAST**  
9:00-10:30 am  
**HILTON BELLEVUE**  
300 112th Ave. SE  
Bellevue

march  of dimes®  
nurse of the year

*Celebrating Nursing Excellence  
In Western Washington*

## ***Nomination Application***

*YOU can nominate a Nurse — Look Inside!  
Nominations due October 7, 2009*

*Presented by:*

**PREMERA** | 

**BLUE CROSS**

An Independent Licensee of the Blue Cross Blue Shield Association

*Sponsored by:*

 **PROVIDENCE**  
Regional Medical Center  
Everett

  
**Seattle Children's**  
HOSPITAL • RESEARCH • FOUNDATION

**TEAM**   
**MEDICINE**

# Celebrating Nursing Excellence

## What are the Nurse of the Year Awards?

The March of Dimes established Nurse of the Year in 2003 to honor outstanding Western Washington nurses. Recipients are chosen in 14 categories for contributions that have made significant impact in their community, on their patients, and to the profession of nursing. Support a nurse with your nomination today!

## How to Nominate a Nurse

Any member of the Western Washington community has the opportunity to nominate a nurse. Nominations can be made by the general public, members of the healthcare profession, co-workers, patients, friends, family members, businesses, and organizations. To nominate an outstanding nurse, choose from the categories on the back page, provide the information requested and submit to:

**March of Dimes-Nurse of the Year  
1904 3rd Avenue, Suite 230  
Seattle, WA 98101**

- Completed nominations must be received at the March of Dimes office no later than October 7, 2009.
- Nominees will be notified by the March of Dimes.
- The nominee will be provided a complimentary seat at the awards breakfast.

## Who is eligible for nomination?

- Any RN working at any staff level in Western Washington, who is in good standing with the Washington State Nursing Commission.
- A resident of Western Washington (minimum of one year).
- In good standing at place of employment.
- Any student currently enrolled in a nursing program in Western Washington is eligible for the *New Generation* category.
- Nominations for Nurse Case Managers are encouraged.

## The Award Selection Process

A selection committee of nursing executives will review the nominations. All forms are strictly monitored to ensure that selection committee members are "blinded" to names during the judging process. Recipients in each category will be selected and announced at the awards breakfast on December 3, 2009 at the Hilton Bellevue. Nominees will be listed in the Nurse of the Year program and recognized in media announcements before and after the awards breakfast.

## Selection Committee

**Syd Bersante, BSN, MBA** – St. Joseph's Medical Center, Franciscan Health System

**Doris Boutain, RN, PhD** – UW School of Nursing

**Linda Coulson, RN** – Premera Blue Cross

**Toni Foster, RNC, BSN** – Good Samaritan Hospital

**Jennifer Graves, RN, MS, ARNP** – Swedish Medical Center

**Cindy Hecker, RN** – Harborview Medical Center

**Jane Hutcheson, RNC, BSN** – Group Health

**Debbie Kelly, MN, RN** – Virginia Mason Medical Center

**Linda Latta, PhD, RN, NEA-BC** – Seattle Children's Hospital

**Cynthia May, RN, MSN** – Harrison Medical Center

**Karla McPhee, RNC-OB, BSN** – Providence St. Peter Hospital

**Cheryl Nail, RN, MN** – Evergreen Hospital Medical Center

**Alison Pyle, RN, MN, MPH** – King County Nurses Association, Virginia Mason Medical Center

**Marshella Sacks, BSN, MSM** – Mary Bridge Children's Hospital & Health Center, MultiCare

**Marcia Soderling, RN, MPA** – Overlake Hospital Medical Center

**Annette Stier, MN, RNC** – Providence St. Peter Hospital

**Kim Williams, RN, MS** – Providence Regional Medical Center Everett

**Sally Watkins, PhD, RN** – Washington State Nurses Association

**QUESTIONS?**

Contact us at 206.624.1373 or 1.800.291.3463. The nomination form is also available for download at [www.marchofdimes.com/washington](http://www.marchofdimes.com/washington)

# 2009 Nurse of the Year Nomination Form

## NOMINEE INFORMATION

Nomination category: \_\_\_\_\_ # years as Washington resident: \_\_\_\_\_

(please select ONE from category listing on back page)

Name of nominee: \_\_\_\_\_ Work phone number: \_\_\_\_\_

Professional credentials (i.e. RN) \_\_\_\_\_ Job title: \_\_\_\_\_

Employer/Organization: \_\_\_\_\_ Department: \_\_\_\_\_

Nominee's complete work address: \_\_\_\_\_

Nominee's daytime phone number: \_\_\_\_\_ E-mail: \_\_\_\_\_

Supervisor's name: \_\_\_\_\_ Supervisor's work phone number: \_\_\_\_\_

Supervisor's E-mail: \_\_\_\_\_

## NOMINATOR INFORMATION

Nominated by: \_\_\_\_\_ E-mail: \_\_\_\_\_

Business/Organization/Affiliation: \_\_\_\_\_

Nominator's complete address: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_ Fax: \_\_\_\_\_

### 1. Please include nominee's work history, resumé, or curriculum vitae.

### 2. To be submitted with nomination form:

In 500 words or less (2 typed pages), describe why you feel this nominee deserves the Nurse of the Year Award. Include specific examples of their hands-on care accomplishments. Please remember to limit your comments to no more than 500 words.

Please address the following in your comments:

1. Describe your affiliation with the nominee.
2. Cite two specific examples of ways in which the nominee demonstrates the qualifications in his/her nomination category.
3. Cite two specific examples of ways in which the nominee has significantly enhanced the image of nursing in his/her nomination category.
4. How does the nominee project a strong leadership image among peers to affect positive change in the profession and/or workplace?
5. Any additional information that might be relevant.

## NURSE OF THE YEAR AWARDS EVENT INFORMATION

Reservations for nominators, friends and family may be purchased for \$40 each by contacting the March of Dimes office at 206.624.1373, or by sending payment with the nomination ballot. **Remember, you need not purchase a ticket for your nominee. Their breakfast will be complimentary.**

Total nominations submitted \_\_\_\_\_

Total reservations purchased (\$40 each) \_\_\_\_\_

\_\_\_\_ I have enclosed a check made payable to: March of Dimes

\_\_\_\_ Please charge my: \_\_\_\_ Visa \_\_\_\_ Master Card \_\_\_\_ American Express Amount \$ \_\_\_\_\_

Card number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Name on card: \_\_\_\_\_ Signature: \_\_\_\_\_

You can also honor nurses by sponsoring a table starting at \$1,000 on behalf of your organization. Please contact us at 206.624.1373 for more information.



# 2009 Nurse of the Year Categories

Anyone can nominate a Registered Nurse or Nurse Case Manager for the March of Dimes Nurse of the Year Awards. Select one category for each nominee. The Selection Committee reserves the right to reclassify a nominee at its sole discretion. The public is encouraged to nominate a nurse for the "Patient/Clinical Care" category for excellent care that he or she provided to you.

## Patient/Clinical Care

RNs who demonstrate excellence in delivering care directly to the patient in any clinical setting

## Leadership

RNs who have demonstrated exceptional leadership in nursing or patient care services in any setting

## Innovation/Creativity

RNs who have made innovative/creative contributions that have improved patient care

## Education

RNs who have made significant contributions in education, professional development, and/or long-term learning of nursing professionals

## Research/Advancing the Profession

RNs who have made contributions that have advanced research or advanced the nursing profession

## Advocacy for Patients

RNs who go beyond the call of duty to advocate for patients

## Community Service

RNs who have made significant professional or voluntary contributions in community-based settings, such as public schools or community outreach efforts

## Mentoring

RNs who provide positive professional influence, guidance, and support of other nurses in any setting

## School Nurse

RNs who provide direct care to children in grades K-12 and have made a lasting contribution to the health of students

## Rising Star

RNs who, within the first 18 months of practice or Case Managers who, within 3 years in a Case Management role, exemplify outstanding caring, leadership and professionalism.

## New Generation

A nursing student who has demonstrated outstanding professionalism and mastered the coursework necessary for a successful nursing career

## Perinatal/Pediatric

RNs whose influence and service in the care of pregnant mothers and babies exemplifies the mission of the March of Dimes to improve the health of babies

## Distinguished Nurse of the Year\*

RNs whose contributions and accomplishments have had an extraordinary influence within the nursing profession in Western Washington

## Legend of Nursing

A retired RN who has paved the way for other nurses by pioneering an innovative and legendary medical practice, procedure or treatment

\* (Note: Only Hospital Administrators or Nursing Supervisors may nominate RNs for this category)